Sample Lesson Plan

General Training Program (10-hour)

Overview

This lesson gives a basic overview of bloodborne pathogens and how to prevent them from spreading. Also included are ways for students to be able to explain the differences between HIV and HBV, information on how to protect themselves against bloodborne pathogens, and how bloodborne pathogens may be transmitted.

Step 1: Planning the Lesson

• Instructional Materials.
  1. PowerPoint presentation.
  2. Instructor notes.
  3. Other materials.

• Instructional Objectives.
  1. Complete the required topics for the OSHA 10-hour course.
  2. Present Bloodborne Pathogens to [number] participants.
  3. Incorporate active participation in each lesson.
  4. Provide a quiz or short evaluation at the end of the course.
  5. Ensure feedback from participants at various points in the training.

Step 2: Presenting the Lesson

• Lesson Introduction.

  Introductory remarks or transition from previous lesson.

• Learning Objectives/Outcomes.

  Upon completion of the lesson, participants will be able to:
  1. Understand what a bloodborne pathogen is.
  2. Be able to explain the differences between HIV and HBV.
  3. Understand how bloodborne pathogens may be transmitted.
  4. Know how to protect themselves against bloodborne pathogens.
Step 3: Evaluating Student Learning and Instruction

• Lesson Evaluation and Comments.

References

OSHA Standard 29 CFR 1910 Subpart Z (1910.1030) located at

The following applicable OSHA publications are available at
http://www.osha.gov/pls/publications/pubindex.list
  • 3127 Occupational Exposure to Bloodborne Pathogens

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Sample Lesson Plan

General Industry Training Program (10-hour)

Topic: Bloodborne Pathogens

Purpose

To understand the dangers of bloodborne pathogens and how to prevent them from spreading.

Objectives

Upon completion of this topic lesson, students will:

- Understand what a bloodborne pathogen is.
- Be able to explain the differences between HIV and HBV.
- Understand how bloodborne pathogens may be transmitted.
- Know how to protect themselves against bloodborne pathogens.

Instructor’s Activities

- Deliver PowerPoint presentation.
- Describe how bloodborne pathogens cause negative health effects.
- Discuss universal precautions and other means of protection.