



CAREERSAFE[®] ONLINE COURSE

STARTSAFE: PREPARING FOR WORK-BASED LEARNING



www.CareerSafeOnline.com
888-614-SAFE (7233)

CAREERSAFE: THE NATIONAL YOUTH SAFETY INITIATIVE

The CareerSafe online program is the first of its kind. It is an interactive, Y2Y (Youth To Youth) online program that addresses the high priority safety training needs of young workers. With the CareerSafe philosophy, “StartSafe. StaySafe.”, students will learn about their rights and responsibilities in the workplace and gain valuable knowledge about how they can protect themselves and others. Throughout the program, students explore a wide range of occupational safety and health topics, including an introduction to OSHA, common physical and health hazards, hazard identification, and how to protect themselves from hazards—all intended to help them StartSafe. StaySafe.®

NEED FOR CAREERSAFE®

According to BLS.gov, there were approximately 20.3 million young people entering the workforce under the age of 24 in 2021—but this does not mean these young workers are necessarily prepared and able to handle risks and hazards that can occur in a work environment. Not being knowledgeable about hazards related to a specific job or knowing how to assess and correct a problem can lead to devastating injuries, or even death. Safety training can make workers more conscious of hazards and risks such as falls, vehicle accidents, overexertion injuries, and workplace violence. Unfortunately, workplace safety has the potential to be unintentionally overlooked, which can leave workers and others on the job site unprotected. Based on current statistics, young workers, ages 16-24, continue to have the highest rates of work-related injuries and illnesses; greater than any other age group. By preparing students for their first entry-level job and future career opportunities through safety and health training, young workers will be more capable of protecting themselves and others.

WHAT DO STUDENTS SAY?

STUDENTS ENROLLED

OVER 2 MILLION

Student feedback shows...

Based on a poll of 36,584 students that completed the Start Safe: Preparing for Work-Based Learning course, students overwhelmingly praise the CareerSafe online program as being efficient and effective. The feedback collected from students allows CareerSafe to keep our courses as engaging as they are informative and ensure that every student is getting the most out of their education.

90% said they would recommend this training to other young workers



97% agreed the program will help them identify hazards

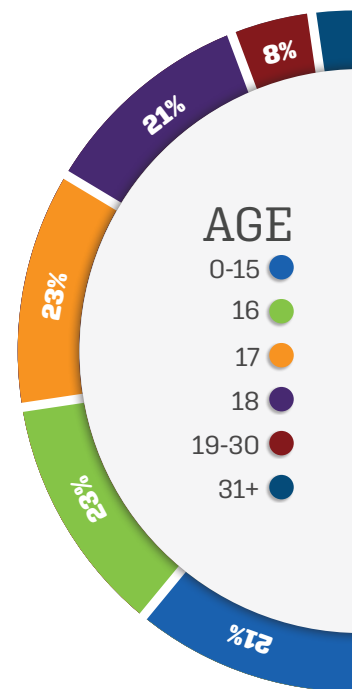


91% said the program was easy to use



PURCHASING THE COURSE

Each topic will present the student with a summary of the learning objectives, reference materials, study aids, and links to relevant web resources. The course structure includes a pre-test and post-test bundled with a course evaluation survey. Since we believe in the importance of safety training for every student, we are committed to delivering the CareerSafe program at a reasonable cost to students, educators, and schools. The CareerSafe StartSafe: Prepare for Work-Based Learning course is available as a site license to train all students in your school “under one roof.” For more information regarding payment options and instructions, visit our website or email us at orders@careersafeonline.com.



COURSE OVERVIEW

CareerSafe's StartSafe: Preparing for Work-Based Learning course serves as the perfect introduction to workplace safety concepts and is a great stepping stone for those considering taking an OSHA 10-hour course in the future. It consists of interactive topics discussing various safety tips and procedures one should follow while working in the workplace. The total required minimum seat time to complete this course is 5 hours.

Required Topics: *(Total Seat Time: 5 Hours)*

Walking-Working Surfaces

Personal Protective Equipment

Preventing Workplace Violence

Bloodborne Pathogens

Avoiding Electrocution Hazards

Hazard Communication

Once the prerequisite 5-hour course has been completed, students can choose to take one or more optional 1-hour pathway courses to explore supplemental industry-specific OSHA training.

Optional 1-Hour Pathways: *(Each Course Adds 1 Hour of Seat Time)*

StartSafe in Construction

StartSafe in Agriculture

StartSafe in Healthcare

StartSafe in Cosmetology

StartSafe in Automotive

StartSafe in Manufacturing

StartSafe in Culinary

REQUIRED TOPICS:

WALKING-WORKING SURFACES (60 minutes)

Given the various walking/working surface types, the student will be able to protect themselves from walking/working hazards including fall hazards.

- *Identify hazards in the workplace associated with walking and working surfaces.*
- *Identify best practices for eliminating or controlling hazards associated with walking and working surfaces in the workplace.*
- *Recognize employer requirements to protect workers from walking and working surface hazards.*

PERSONAL PROTECTIVE EQUIPMENT (60 minutes)

Given current OSHA and industry information regarding worksite illnesses, injuries and/or fatalities, the student will be able to select appropriate personal protective equipment for common industry hazards

- *Recall employer responsibilities toward affected employees regarding PPE.*
- *Identify when face and head protection should be used.*
- *Recall which types of hand and foot protection should be used in a specific situation.*
- *Recognize the differences between respirator types.*
- *Identify the differences between full-body protection levels.*

PREVENTING WORKPLACE VIOLENCE (30 minutes)

Given current OSHA and industry information regarding general industry worksite illnesses, injuries, and/or fatalities, the student will be able to recognize hazards associated with violence in the workplace.

- *Define the term violence.*
- *Recall who is at risk for encountering workplace violence.*
- *Describe workplace violence prevention strategies.*
- *Identify how to start safe and stay safe to prevent or lessen workplace violence.*

BLOODBORNE PATHOGENS [30 minutes]

Given current OSHA and industry information regarding general industry worksite illnesses, injuries, and/or fatalities, the student will be able to recognize hazards associated when working with bloodborne pathogens in the workplace.

- *Identify OSHA requirements pertaining to bloodborne pathogens.*
- *List the potential routes of exposure from bloodborne pathogens.*
- *Identify the risks associated with Human Immunodeficiency Virus (HIV), Hepatitis B, and Hepatitis C Virus.*
- *Identify methods of preventing transmission of bloodborne pathogens & managing occupational exposures.*
- *Restate methods of the safe disposal of sharps.*
- *Recount steps which should be taken in the event of an exposure to a potential bloodborne pathogen.*

AVOIDING ELECTROCUTION HAZARDS [60 minutes]

Given current OSHA and industry information regarding worksite illnesses, injuries and/or fatalities, the student will be able to recognize electrocution hazards in general industry.

- *Identify major electrical hazards.*
- *Describe types of electrical hazards.*
- *Describe electrical protection methods.*
- *Recognize employer requirements to protect workers from electrical hazards.*

HAZARD COMMUNICATION [60 minutes]

Given current OSHA and general industry information regarding worksite illnesses, injuries, and/or fatalities, the student will be able to recognize responsibilities related to hazard communications, including Global Harmonizing System (GHS) requirements.

- *Identify the employer's responsibilities under the HCS, including training requirements.*
- *Identify components of a Hazard Communication program.*
- *Describe requirements of the different types of Hazard Communication labels.*
- *Locate pertinent information about chemicals on labels, including other forms of hazard communication, to ensure "right to understanding" provisions of GHS requirements.*

OPTIONAL 1-HOUR PATHWAY COURSES:

CareerSafe offers optional pathway courses included in the StartSafe: Preparing for Work-Based Learning course for no additional charge. While these pathway courses are not necessary to complete the course and earn a Certificate of Completion, students and teachers may find valuable information that further reinforces the curriculum. Each of the seven pathway courses are locked until the 5 hours of required content has been completed.

STARTSAFE IN CONSTRUCTION [60 minutes]

Given current OSHA and general industry information regarding worksite illnesses, injuries, and/or fatalities, the student will be able to recognize factors related to the leading hazards in the construction industry

- *List the basic hand and power tool safety rules.*
- *Identify the precautions essential to the safe use of tools commonly used at construction worksites.*
- *Name the guarding techniques that apply to hand and power tools.*
- *Recognize employer requirements to protect workers from tool hazards.*
- *Describe how to safely use the equipment associated with gas welding and cutting.*
- *Describe how to safely use the equipment associated with arc welding and cutting.*
- *List the various methods of ventilation and protection used in various working environments.*
- *Restate the dangers associated with both chemical and physical agents when welding and cutting.*

STARTSAFE IN HEALTHCARE [60 minutes]

Given current OSHA and general industry information regarding worksite illnesses, injuries, and/or fatalities, the student will be able to recognize factors related to the leading hazards in the healthcare industry

- *Identify dangers of poor patient handling.*
- *Recognize best practices for safe patient handling.*
- *Recall the impacts of patient handling, including the four categories of influencing factors.*
- *Identify types of mechanical lifting equipment.*
- *Select the proper steps to safely move a patient using mechanical lifting equipment.*
- *Define healthcare-associated infections.*
- *Recount how to control the spread of healthcare-associated infections through the safe handling of potentially contaminated equipment or surfaces in the patient environment.*
- *Recount how to control the spread of healthcare-associated infections through the use of hand hygiene.*
- *Recount how to control the spread of healthcare-associated infections through the use of respiratory hygiene and cough etiquette.*

STARTSAFE IN AGRICULTURE [60 minutes]

Given current OSHA and industry information regarding agriculture worksite illnesses, injuries and/or fatalities, the student will be able to recognize hazards related to confined spaces, livestock, and tractors in agriculture.

- *Define confined spaces.*
- *Identify agricultural confined space hazards.*
- *Identify unique livestock behaviors.*
- *Recognize hazards surrounding the handling of livestock.*
- *Identify general tractor safety principles.*
- *Identify the hazards and prevention methods surrounding tractor rollovers.*
- *Recognize the hazards and prevention methods involved with tractor entanglements, runovers, and collisions.*

STARTSAFE IN COSMETOLOGY [60 minutes]

Given current OSHA and general industry information regarding worksite illnesses, injuries, and/or fatalities, the student will be able to recognize factors related to the leading hazards in the cosmetology industry.

- *Recall strategies for reducing the likelihood of being injured by chemical hazards.*
- *Describe how to avoid ergonomic injuries.*
- *Outline methods for managing biological hazards.*
- *List the causes of slip and trip hazards.*
- *Name strategies for having a successful career in the cosmetology industry.*

STARTSAFE IN CULINARY [60 minutes]

Given current OSHA and general industry information regarding worksite illnesses, injuries, and/or fatalities, the student will be able to recognize responsibilities related to the leading hazards in the culinary industry.

- *Recognize where slips and trips are most likely to occur.*
- *Describe how to protect yourself from sharps hazards.*
- *List the leading causes of burn injuries in kitchens.*
- *Explain the role good hygiene plays in the culinary industry.*
- *Recognize best practices for growing your career in the culinary industry.*
- *Describe how to protect yourself from heat and cold stress.*

STARTSAFE IN MANUFACTURING (60 minutes)

Given current OSHA and industry information regarding general industry worksite illnesses, injuries, and/or fatalities, the student will be able to recognize hazards associated with the manufacturing industry.

- *Recall the risk factors associated with rotating equipment and how to stay safe around such machinery.*
- *Describe how to protect yourself from sharps hazards.*
- *Repeat why always wearing eye safety wear is so important.*
- *Describe how to keep yourself safe from slip and trip hazards.*
- *Restate the importance of keeping your work area clean and tidy and always being professional on the job.*
- *Recall the traits that will help you build a successful career in manufacturing.*

STARTSAFE IN AUTOMOTIVE (60 minutes)

Given current OSHA and general industry information regarding worksite illnesses, injuries, and/or fatalities, the student will be able to recognize factors related to the leading hazards in the automotive industry

- *Recall strategies for reducing the likelihood of being injured by chemical hazards.*
- *Outline methods for managing biological hazards.*
- *List the causes of slip and trip hazards.*
- *Describe how to avoid ergonomic injuries.*
- *Identify the leading causes of struck-by and caught-in hazards.*
- *Recognize the hazards associated with welding.*

For more information about this online course, visit:

www.CareerSafeOnline.com/courses/start-safe

